

Self-Regulation

I will understand and name my own feelings.



I will understand how others may feel,

I will start to learn how to regulate my own feelings.



I will be able set and work towards a simple goal.



I can play and take turns with others.



I can wait for something that I want.

I can listen to an adult and respond even if I'm busy on an activity.

I can follow instructions.

Managing Self

I am confident to try new activities.

I can explain the rules of the classroom.

I know the difference between right and wrong

I can go to the toilet and wash my hands on my own.



I can get dressed by myself.

I know how to make healthy food choices.

